



City of Salem Parks and Recreation  
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## City of Salem Youth Soccer League (U8-U10)

The purpose of Youth Recreational Athletic Leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship, and promoting good will among all teams and individuals. Although sports are competitive by nature; the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

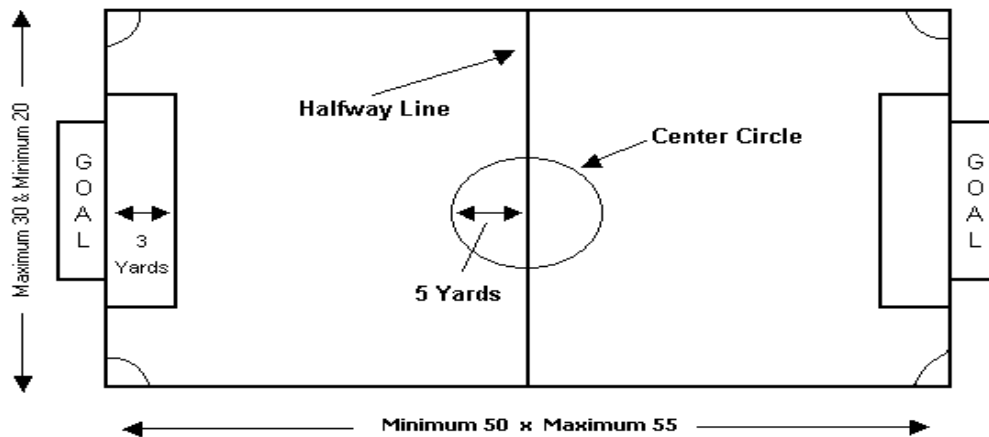
### BY-LAWS

#### 1. Ages:

- U8 Boys/Girls League: Participants may not turn eight before September 30 of the current year.
- U10 Boys/Girls League: Participants may not turn nine before September 30 of the current year.

#### 2. The Field:

**A. Dimensions:** The Field of play shall be rectangular, its length being not more than 55 yards and not less than 50 yards and its width not more than 30 yards nor less than 20 yards. The length in all cases shall exceed the width.



#### B. Markings:

- Distinctive lines not more than five (5) inches wide.
- A halfway line shall be marked across the field.
- A center circle with a five (5) yard radius.
- Four corner arcs each with a two (2) foot radius.
- Goal Box: Three (3) yards from each goal post and three (3) yards into the field of play joined by a line drawn parallel with the goal line.

**C. Goals:** The goal should be 6 x 12 feet.

#### 3. The Ball: Size three (3)

#### 4. Number of Players U8:

- A. Maximum number of players on the field per team at any one time is four (4) players with no goalie.
- B. No goalie will be used.
- C. Substitutions: No substitutions during a 4-minute quarter.

- D. Playing Time: All players must play a minimum of 50% of the total playing time.
5. **Number of Players U10:**
- A. Maximum number of players on the field per team at any one time is five (5) players with a goalie.
  - B. Goalies will be used.
  - C. Substitutions: No substitutions during first half 4-minute quarters.
  - D. Playing Time: All players must play a minimum of 50% of the total playing time
6. **Players equipment:** Conforms with FIFA with the following exceptions:
- A. Footwear: Tennis shoes or soft-cleated soccer shoes.
  - B. Shin guards are mandatory.
  - C. No player will be allowed to wear jewelry. This includes but is not limited to rings, watches, earrings, barrettes, etc.
7. **Duration of the Game:**
- A. The first half will be divided into four (4) four (4) minute quarters. The second half will consist of two (2) eight (8) minute quarters.
  - B. There shall be a two (2) minute break between quarters one and five (5) minutes between halves. There shall be a half-time break of five (5) minutes.
8. **The Start of Play:** Conforms to FIFA, with the following exception:
- A. Opponent must be five (5) yards from the center mark while kick-off is in progress.
9. **Offside:** There shall be no offside called during these games.
10. **Free Kicks:** Conform to FIFA with the following exceptions:
- A. Shall be classified under one heading: INDIRECT
  - B. No kicks shall be taken by the attacking team within the defending team's goal box.
  - C. All fouls shall result in an indirect free kick with opponents no closer than five (5) yards away.
11. **Penalty Kicks:** No penalty kicks are to be taken during these games.
12. **Throw-In/Kick-In:**
- Players shall have the option of the following:
- Kick-in is considered an indirect free kick with the opponent five (5) yards away from the ball.
  - If a throw-in is used, a second throw in will be allowed if a player commits a foul on the initial attempt. The referee shall explain the proper method before allowing the player to throw in again.
13. **Goal Kick:** Conform to FIFA with the following exceptions:
- A. Goal kick may be taken anywhere within the goal box.
  - B. Opponents must be five (5) yards away from the ball.
14. **Corner Kick:** Conform to FIFA with the following exceptions:
- A. Opponents must be five (5) yards away from the ball.
15. Girls may use a cross arm block to protect their chests. Arms must be in contact with the chest when contact is made with the ball.
16. No slide tackles are allowed.
17. One complete half will be considered an official game. Any player disqualified may not be replaced for the remainder of the quarter.
18. No scores or standings will be kept and there will be no tournament at the end of the regular season.
19. If a game ends in a tie it will remain a tie. There will be no overtime play.
20. Coaches will be allowed on the playing field for the first five (5) games of the season.
21. Games should start at the scheduled time. However, if both teams have all their players and both coaches along with the officials agree, the game may start early. Teams will be given five (5) minutes after the

scheduled start time to produce the number of players required to start the game.

21. Opposing coaches and players are required to shake hands after each game.
22. Since there are no officials provided for the U8 leagues and only one official provided for the U9 leagues, coaches are encouraged to work with each other and focus on basic instruction and correcting mistakes.

Updated: 5/28/09